

# NSPS MONITOR-to-STAY ATTESTATION

Monitor to Stay is a modified quarantine strategy for students and staff who are unvaccinated/not up-to-date with vaccination and have been exposed to someone with COVID-19 in school. Students and staff may attend school and participate in school-related extracurricular activities in person during their 5-day quarantine period if they:

- Don't have symptoms;
- Screen for all symptoms of COVID-19 daily and attest that they're asymptomatic (using the school's protocol); and
- Quarantine at home when they're not at school and school-related extracurricular activities.
- If students or staff have/develop any one symptom of COVID-19, they aren't eligible for the Monitor to Stay quarantine program and must stay home, isolate, and get tested.
- Once their symptoms are resolving and they've been fever-free for 24 hours, they can resume Monitor to Stay /return to school with a negative PCR test result.

## Symptoms of COVID-19

- Fever or chills;
- Cough (new);
- Shortness of breath or difficulty breathing;
- Fatigue;
- Muscle or body aches;
- Headache;
- Sore throat;
- New loss of taste or smell;
- Congestion or runny nose (new);
- Nausea or vomiting; or
- Diarrhea.

I attest that the person named on this form will be completing a 5-day daily symptom screening and does not have any COVID symptoms as outlined above. Please show this form to your school's nurse every morning. Additionally, while a daily antigen test is not mandatory, parents can give consent for the health office to administer an in-school rapid antigen test if symptoms begin to develop.

Student/Staff Name	Date Monitor-to-Stay Begins	Rapid Consent
		Y / N

Day	Parent/Guardian/Staff Signature	Student Signature (NSMS and NSHS)	Office Initial
1			
2			
3			
4			
5			